

# XOLAIR Patient Progress Report

## How has your allergic asthma changed during XOLAIR treatment?

The following questions will help provide you with a “snapshot” of your allergic asthma. By answering the same questions periodically when you come in for a XOLAIR injection, you’ll get an idea of how your allergic asthma treatment is working over time.

Patient name: \_\_\_\_\_

Date: \_\_\_\_\_

Date of last progress report: \_\_\_\_\_

Check here if this is your first progress report

As you answer these questions, please think about the period of time since you last filled out a progress report. If this is your first report, please think about the past month.

1. How would you say your allergic asthma control has changed?

- It has gotten better
- It has stayed the same
- It has gotten worse

Please describe how: \_\_\_\_\_

\_\_\_\_\_

2. How frequently have you used your rescue inhaler or nebulizer medication?

- Not at all
- Once per week
- A few times per week
- 1 or 2 times per day
- 3 or more times per day

3. How often has asthma limited or prevented you from participating in activities?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

4. How often have you had shortness of breath?

- Not at all
- Once or twice per week
- 3 to 6 times per week
- Once per day
- More than once per day

5. How often have asthma symptoms woken you up at night or earlier than you’d like in the morning?

- Not at all
- Once or twice
- Once per week
- 2 or 3 nights per week
- 4 or more nights per week

6. How concerned or frustrated have you felt about having allergic asthma?

- Not at all
- Hardly concerned or frustrated
- A little concerned or frustrated
- Somewhat concerned or frustrated
- Very concerned or frustrated

How satisfied are you with your allergic asthma treatment with XOLAIR up to this point? (please circle)									
1	2	3	4	5	6	7	8	9	10
Not at all satisfied								Completely satisfied	

Thank you for completing this progress report. Talk to your doctor if you have questions or concerns about your XOLAIR therapy.

This report is not a diagnostic tool. It is a self-assessment tool, to be used to facilitate communication between you and your healthcare professionals. It is not intended to be used for research or data collection.

**XOLAIR may not be effective in all patients. You may not see an immediate improvement in your asthma when beginning XOLAIR therapy.**

Please see reverse side for additional important safety information about XOLAIR.

## WHO IS XOLAIR FOR?

XOLAIR (Omalizumab) for Subcutaneous Use is a prescription medicine given by injection for people who are 12 years of age and above who have moderate-to-severe persistent asthma that is triggered by year-round allergens in the air. A simple skin or blood test will confirm that you have this kind of asthma. This is known as allergic asthma. XOLAIR helps reduce the number of asthma attacks in people with allergic asthma who still have asthma symptoms even though they are taking inhaled steroids. XOLAIR has not been proven to work in other allergic conditions.

## IMPORTANT SAFETY INFORMATION

**XOLAIR should always be injected in a doctor's office. You should read the Medication Guide before starting XOLAIR treatment and before each and every treatment.**

**A severe allergic reaction called anaphylaxis has happened in some patients after they received XOLAIR.** Anaphylaxis is a life-threatening condition. Seek emergency medical treatment right away if symptoms occur. **Signs and symptoms of anaphylaxis include:**

- Wheezing, shortness of breath, cough, chest tightness, or trouble breathing
- Low blood pressure, dizziness, fainting, rapid or weak heartbeat, anxiety, or feeling of "impending doom"
- Flushing, itching, hives, or feeling warm
- Swelling of the throat or tongue, throat tightness, hoarse voice, or trouble swallowing

You should not receive XOLAIR if you have ever had an allergic reaction to a XOLAIR injection. Do not use XOLAIR if you are allergic to any of its ingredients.

In clinical studies, 0.5% of patients receiving XOLAIR developed cancer, compared with 0.2% of patients receiving placebo injections.

In clinical studies, the most common side effects in patients receiving XOLAIR included injection-site reactions (45%), viral infections (23%), upper respiratory tract infection (20%), sinusitis (16%), headache (15%), and sore throat (11%).

Do not change or stop taking any of your other asthma medicines unless your healthcare provider tells you to do so. You may not see an immediate improvement in your asthma when beginning XOLAIR therapy.

Talk to your doctor for more information and if you have any questions about your treatment.

*Please see accompanying Full Prescribing Information for the Medication Guide and additional important safety information.*